# Health and social care foundation apprenticeship

## Knowledge and skills coverage document

#### Information for providers

Coverage of each knowledge and skill statement must include each and every occupation it is mapped to, unless expressly stated otherwise. For instance, if skill S1 is mapped to occupation 1 and occupation 2, then the range of coverage must include elements of both 1 and 2 so the apprentice benefits from a broad experience. Competence is to the level described by this Foundation Apprenticeship's knowledge and skills and not the often higher level of the mapped occupations. Coverage will be a blend of on and off the job learning.

### Technical Knowledge

- K1: Introduction to the health and social care sectors, and how the sectors link together (Not mapped to standards)
- K2: Career progression opportunities (Not mapped to standards)\*
- K3: The importance of equality, diversity and inclusion and human rights (OCC0005, version 1.4, K3) (OCC0216, version 1.1, K3)
- K4: Fundamental principles of a duty of care (OCC0005, version 1.4, K4) (OCC0216, version 1.1, K4)
- K5: Fundamental principles of adult safeguarding and how to report a safeguarding concern (OCC0005, version 1.4, K5) (OCC0216, version 1.1, K4)
- K6: Fundamental person centred values to maximise an individual's independence (OCC0005, version 1.4, K7) (OCC0216, version 1.1, K3) (OCC0216, version 1.1, K11)\*
- K7: Fundamental mental health, physical health and emotional wellbeing needs that individuals may have (OCC0005, version 1.4, K11) (OCC0005, version 1.4, K13) (OCC0216, version 1.1, K16)
- K8: Fundamental principles of infection prevention and control (OCC0216, version 1.1, K20)\*
- K9: Developments in digital working and professional boundaries when using technology (OCC0005, version 1.4, K17) (OCC0216, version 1.1, K18)\*
- K10: Fundamental principles of health promotion and illness prevention to support positive lifestyle choices (OCC0005, version 1.4, K9) (OCC0216, version 1.1, K17)\*
- K11: Basic food hygiene and preparation methods (Not mapped to standards)\*
- K12: Common health conditions and routine interventions and knowing when and to whom to escalate for action (Not mapped to standards)

- K13: Techniques and sources of support to help develop personal resilience when working in a health or social care setting (OCC0005, version 1.4 K15)
- K14: Principles of safe moving and handling of equipment and other objects and assistance of individuals (OCC0216, version 1.1, K21)

#### **Technical Skills**

- S1: Explore career progression opportunities within the health and social care sectors (Not mapped to standards)\*
- S2: Act in the best interest of individuals to ensure they do not come to harm (OCC0005, version 1.4, S4) (OCC0216, version 1.1, S4)
- S3: Work in partnership with others to help to keep individuals safe (OCC0005, version 1.4, S5) (OCC0216, version 1.1, S4)
- S4: Support individuals using person centred values (OCC0005, version 1.4, S7) (OCC0216, version 1.1, S3)\*
- S5: Adapt your approach when providing care and support to meet the needs of the individual (OCC0005, version 1.4, S11) (OCC0005, version 1.4, S13) (OCC0216, version 1.1, S16)
- S6: Follow infection prevention and control precautions to protect yourself and others in the workplace (OCC0216, version 1.1, S20)\*
- S7: Use digital systems and technology in the workplace (OCC0005, version 1.4, S17) (OCC0216, version 1.1, S18)\*
- S8: Support individuals with positive lifestyle choices to promote health and wellbeing (OCC0005, version 1.4, S9) (OCC0216, version 1.1, S17)\*
- S9: Apply basic food hygiene and preparation methods (Not mapped to standards)\*
- S10: Develop personal resilience when working in a health or social care setting (OCC0005, version 1.4, S15)
- S11: Move and handle equipment or other items safely and assist individuals (OCC0216, version 1.1, S21)